

# Assembly Instructions

## T-Trainer



Thank you for purchasing the T-Trainer.

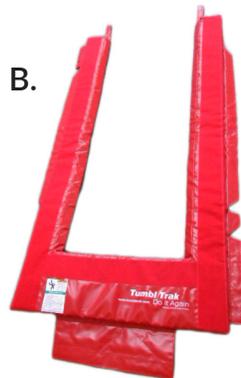
After opening the boxes, please check the parts list to make sure all pieces have arrived in good condition. If you have any questions during this assembly process, please call Customer Service.

## Care Instructions:

We recommend soap and water to clean the vinyl on your T-Trainer. For best results, wipe down with a damp cloth and avoid harsh chemicals. Be sure to check the T-Trainer regularly for any visible wear or damaged springs.

## Parts List

- A. T-Trainer
- B. Red Mat Cover
- C. (2) Replacement Springs
- D. Suede Pad PRO (optional)



	<b>WARNING</b> <ul style="list-style-type: none"><li>• Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.</li><li>• All users of this equipment assume this risk of serious injury.</li><li>• Mats and pits cannot and do not eliminate hazards.</li></ul>
<b>Safety Instructions</b>	
<b>ALWAYS:</b> <ol style="list-style-type: none"><li>1. Consult an instructor prior to use.</li><li>2. Use equipment <b>ONLY</b> under the supervision of trained and qualified instructors.</li><li>3. Use equipment with trained spotters and the proper spotting equipment.</li><li>4. Check equipment before use for proper positioning; equipment can move during use.</li><li>5. Follow a progressive learning pattern. Assure basic skills are achieved before attempting more advanced skills.</li><li>6. Use equipment <b>ONLY</b> when all hard exposed surfaces are protected with proper mats.</li><li>7. Assure that all inflatable equipment has sufficient air pressure to avoid injury.</li></ol>	
<b>DO NOT</b> use the apparatus with damaged, worn or missing parts.	
<b>DO NOT</b> allow more than one person at a time to use the equipment.	



Scan QR code for Video Assembly Instructions



Any questions or problems, please call Tumbl Trak at +44 (0)2921 167949



1. Carefully unbox the T-Trainer and use caution when opening the box with a sharp object.

2. After removing the T-Trainer's plastic wrapping, ensure the pad is neatly tucked under the T-Trainer. Carefully remove the plastic wrapping from the pad.



3. Align the pad to the back side of the bed and begin securing the pad to the T-Trainer base.



4. Lift the pad up, while aligning the pad with the T-Trainer. Securely fasten the pad's flaps to the T-Trainer. Secure the Velcro flap on the back of the bed to the back of the pad.

5. In the front, fasten the small straps at the end of the pad to the bars at the base of the T-Trainer.



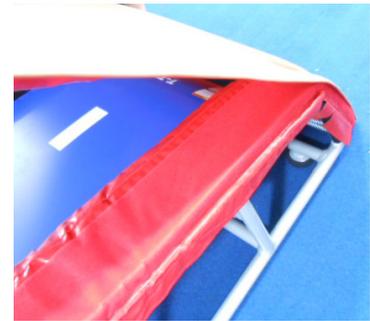
To watch the T-Trainer in action,  
visit our website: [www.tumbtrak.co.uk](http://www.tumbtrak.co.uk)

# Optional Suede Cover PRO



1. Carefully unbox the Suede Cover PRO, and use caution when opening the box or plastic with a sharp object.

2. Align the Suede Cover PRO with the T-Trainer. The Tumbl Trak logo on the Suede Cover PRO should be at the front of the T-Trainer.



3. Secure the Velcro to the T-Trainer's red pad, starting in the front.

Your T-Trainer should look like the photo to the right after correctly attaching the T-Trainer Suede Cover PRO.



To watch the T-Trainer & Suede Cover PRO in action, visit our website: [www.tumbltrak.co.uk](http://www.tumbltrak.co.uk)