# **Assembly Instructions**



## Parts List

#### Parts:

- A. Suede covered beam
- B. (2) Rubber coated feet
- C. (4) Screws
- D. (4) Star washer
- E. Allen Wrench



### **!** WARNING

- Serious injury (including permanent paralysis or death) could result from any activity involving motion, rotation or height.
- All users of this equipment assume this risk of serious injury.
- Mats and pits cannot and do not eliminate hazards.

#### **Safety Instructions**

#### ALWAYS:

- 1. Consult an instructor prior to use.
- Use equipment <u>ONLY</u> under the supervision of trained and qualified instructors.
- Use equipment with trained spotters and the proper spotting equipment.
- Check equipment before use for proper positioning; equipment can move during use.
- Follow a progressive learning pattern. Assure basic skills are achieved before attempting more advanced skills.
- Use equipment <u>ONLY</u> when all hard exposed surfaces are protected with proper mats.
- Assure that all inflatable equipment has sufficient air pressure to avoid injury.

 $\underline{\textbf{DO NOT}}$  use the apparatus with damaged, worn or missing parts.

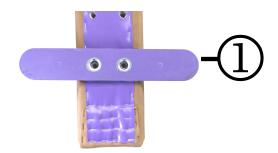
**DO NOT** allow more than one person at a time to use the equipment.

Thank you for investing in the Tumbl Trak
Addie Beam. Train leaps, turns, handstands
and much more.

After opening the boxes, please check the parts list to make sure all pieces have arrived in good condition. If you have any questions during this assembly process, please call customer service at 44 (0)2921 167 949.



Open box carefully and check to make sure all parts have arrived. Flip the beam upside down and locate the two outside screw holes on each end of the beam. Place the feet on the beam, line up the screw holes with the tapered holes facing up.

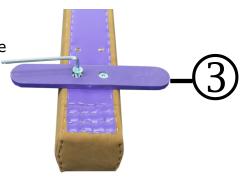


(2A) Insert the screw through the star washer. (2B) Place the screws in the tapered holes connecting the feet to the beam.





Use the Allen Wrench and turn screws till the feet are tightly secured to the beam.



## **Recommended Accessories**

Tumbl Trak recommends the use of matting to enhance safety. The following accessories can be purchased from Tumbl Trak's website at www.tumbltrak.co.uk or by calling 44 (0)2921 167 949.



#### Hopscotch Mat (90cm x 3.7m)

- Multi-use mat that can be used for FUN too
- Spans the length of the beam and more
- Hopscotch Squares on one side
- White line on other side for beam skills



#### 1.2m x 2.4m Tumbling Mat

- Spans the length of the beam
- Provides softer surface under the Brianna Beam



